<u>DATE</u>	<u>TIME</u>	<u>AGE</u>	WEIGHT BEFORE	WEIGHT AFTER FEED	<u>NOTES</u>
			FEED		

AGE:	IDEAL WEIGHT:	ACTUAL WEIGHT (AVERAGE):
0-1 Week	5-12 grams	
	-	
1-2 Weeks	12-45 grams	
2-3 Weeks	45-72 grams	
3-4 Weeks	72-108 grams	
4-5 Weeks	80-120 grams	
5-6 Weeks	80-90 grams	
6+ Weeks	80-95 grams	

IDEAL FEEDING AMOUNTS:	AGE:	HOW OFTEN
7	7.02.	
2-3 ml	0-1 Week	Every 2 hours around the clock
	1-2	
4-6 ml	Weeks	Every 2 hours around the clock
	2-3	
7-10 ml	Weeks	Every 3 hours around the clock
	3-4	
11-15 ml	Weeks	Every 4 hours, but not between 12 and 6am
	4-5	
11-15 ml	Weeks	Every 5 hours, 6am to 12pm
	5-6	
11-15 ml	Weeks	3 or 4 times a day
11-15 ml	6+ Weeks	3 times a day